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**SACRED HEART CONVENT SCHOOL
JALALABAD**



OUR MISION

As a educational institution, the school regards education as an integral formation of the human person for the fulfillment of her / his individual and social responsibilities. Hence special efforts are being made to help the students.

OUR VISION

Vision and principles give our educational institutions a specific character and set before the staff, students and parents high ideals of humanism and service towards which they are invited continually to strive.

For the realization of its vision and objectives, the society relies on the whole-hearted co-operation of the parents, the authentic personal witness of inspired, competent, committed teachers and the genuine respectivity of students.



MANAGER'S MESSAGE

I am delighted to present the latest edition of our school magazine, “Sacred Boon.” This manuscript is not just a collection of pages, but a celebration of the vibrant spirit, creativity, and intellectual growth of our students. Each article, poem, drawing, and reflection echoes the unique talents and beautiful dreams that flourish within the walls of our institution. A school magazine is a mirror of the school’s soul. Sacred Boon reflects the values we uphold—discipline, diligence, compassion, and excellence. It provides our young minds an opportunity to express themselves, explore their potential, and grow with confidence. I wholeheartedly appreciate the dedicated efforts of the editorial team, the staff members, and the students who have contributed to this wonderful publication.

Your hard work has transformed this magazine into a meaningful platform of inspiration and learning. May Sacred Heart Convent School, Jalalabad, continue to shine as a centre of character formation and academic excellence. And may “Sacred Boon” inspire every reader to think deeply, act wisely, and grow gracefully. With prayerful wishes and blessings,

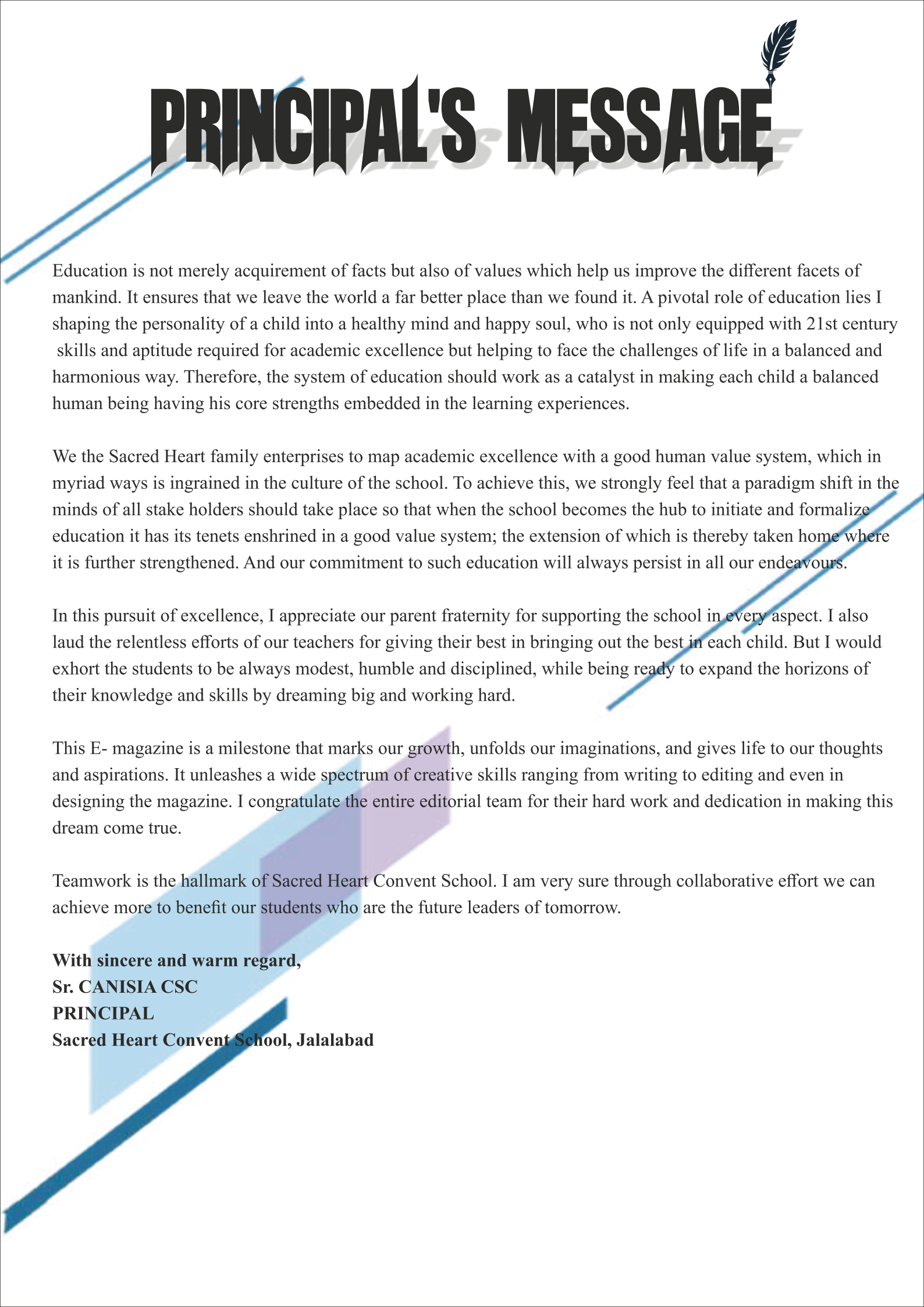
Fr. Salj CST
Manager
Sacred Heart Convent School, Jalalabad



ASST. MANAGER'S MESSAGE

Dear Students It gives us great happiness and pride to present your new school magazine, “Sacred Boon.” This magazine is a wonderful result of your creativity, dedication, and hard work. Every contribution—be it poems, stories, articles, drawings, or ideas—reflects your talent and imagination. “Sacred Boon” truly lives up to its name, as it is a blessing born from your efforts and teamwork. Through this magazine, you have shown that learning goes beyond textbooks and classrooms—it grows through creativity, expression, and confidence. We sincerely appreciate all the students who contributed to this magazine and congratulate the editorial team and teachers who guided you with patience and encouragement. May this achievement inspire you to continue exploring your abilities and striving for excellence in everything you do. We wish you all continued success and hope that “Sacred Boon” inspires many more creative endeavours in the years to come. With best wishes and blessings,

Fr Alex Mannoor CST
Asst. Manager
Sacred Heart Convent School, Jalalabad



PRINCIPAL'S MESSAGE

Education is not merely acquirement of facts but also of values which help us improve the different facets of mankind. It ensures that we leave the world a far better place than we found it. A pivotal role of education lies in shaping the personality of a child into a healthy mind and happy soul, who is not only equipped with 21st century skills and aptitude required for academic excellence but helping to face the challenges of life in a balanced and harmonious way. Therefore, the system of education should work as a catalyst in making each child a balanced human being having his core strengths embedded in the learning experiences.

We the Sacred Heart family enterprises to map academic excellence with a good human value system, which in myriad ways is ingrained in the culture of the school. To achieve this, we strongly feel that a paradigm shift in the minds of all stake holders should take place so that when the school becomes the hub to initiate and formalize education it has its tenets enshrined in a good value system; the extension of which is thereby taken home where it is further strengthened. And our commitment to such education will always persist in all our endeavours.

In this pursuit of excellence, I appreciate our parent fraternity for supporting the school in every aspect. I also laud the relentless efforts of our teachers for giving their best in bringing out the best in each child. But I would exhort the students to be always modest, humble and disciplined, while being ready to expand the horizons of their knowledge and skills by dreaming big and working hard.

This E- magazine is a milestone that marks our growth, unfolds our imaginations, and gives life to our thoughts and aspirations. It unleashes a wide spectrum of creative skills ranging from writing to editing and even in designing the magazine. I congratulate the entire editorial team for their hard work and dedication in making this dream come true.

Teamwork is the hallmark of Sacred Heart Convent School. I am very sure through collaborative effort we can achieve more to benefit our students who are the future leaders of tomorrow.

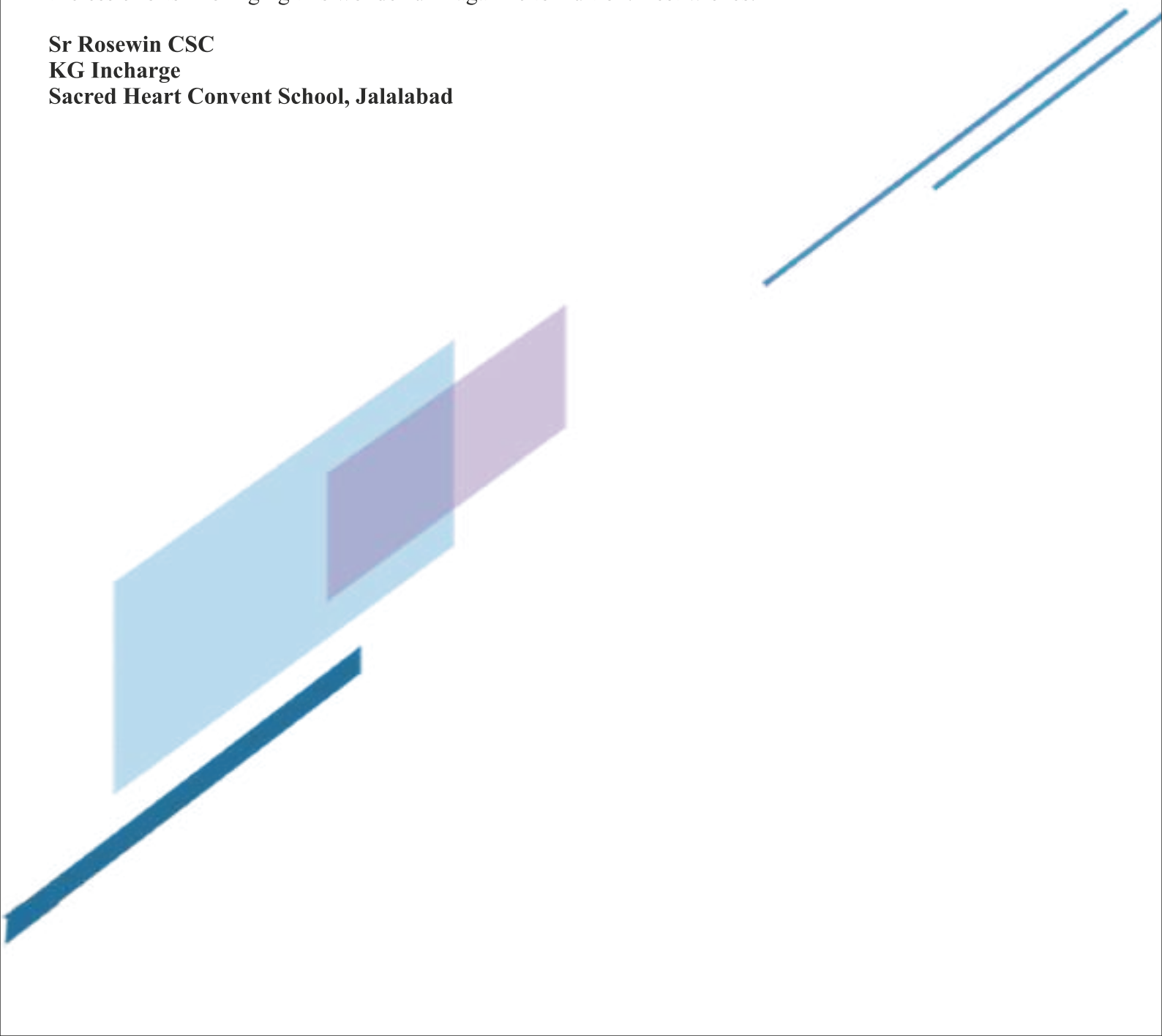
With sincere and warm regard,
Sr. CANISIA CSC
PRINCIPAL
Sacred Heart Convent School, Jalalabad



KG IN CHARGE

It is with immense pleasure and a deep sense of pride that Sacred Heart convent school issue an annual school magazine, a vibrant reflection of our collective journey and the brilliant talents within our community. Each page within this publication marks a new milestone and provides a glimpse into the diverse curricular and co-curricular activities through which we strive to develop the all-around personality of our students. In today's dynamic world, education's role extends beyond academic excellence; it is about equipping our students with the skills, values and mindset to become responsible and confident individuals. We believe in nurturing the potential in each child, igniting their curiosity, and preparing them to face the challenges of tomorrow with integrity and determination. The remarkable success of our institution is a testament to the dedication and selfless commitment of our highly qualified staff, the unwavering support of our esteemed parents and the sheer hard work and enthusiasm of our students. I extend my heartfelt congratulations to the entire editorial board and all the young contributors for their tireless efforts in bringing this wonderful magazine to fruition. Best wishes.

Sr Rosewin CSC
KG Incharge
Sacred Heart Convent School, Jalalabad



SCHOOL PROFILE

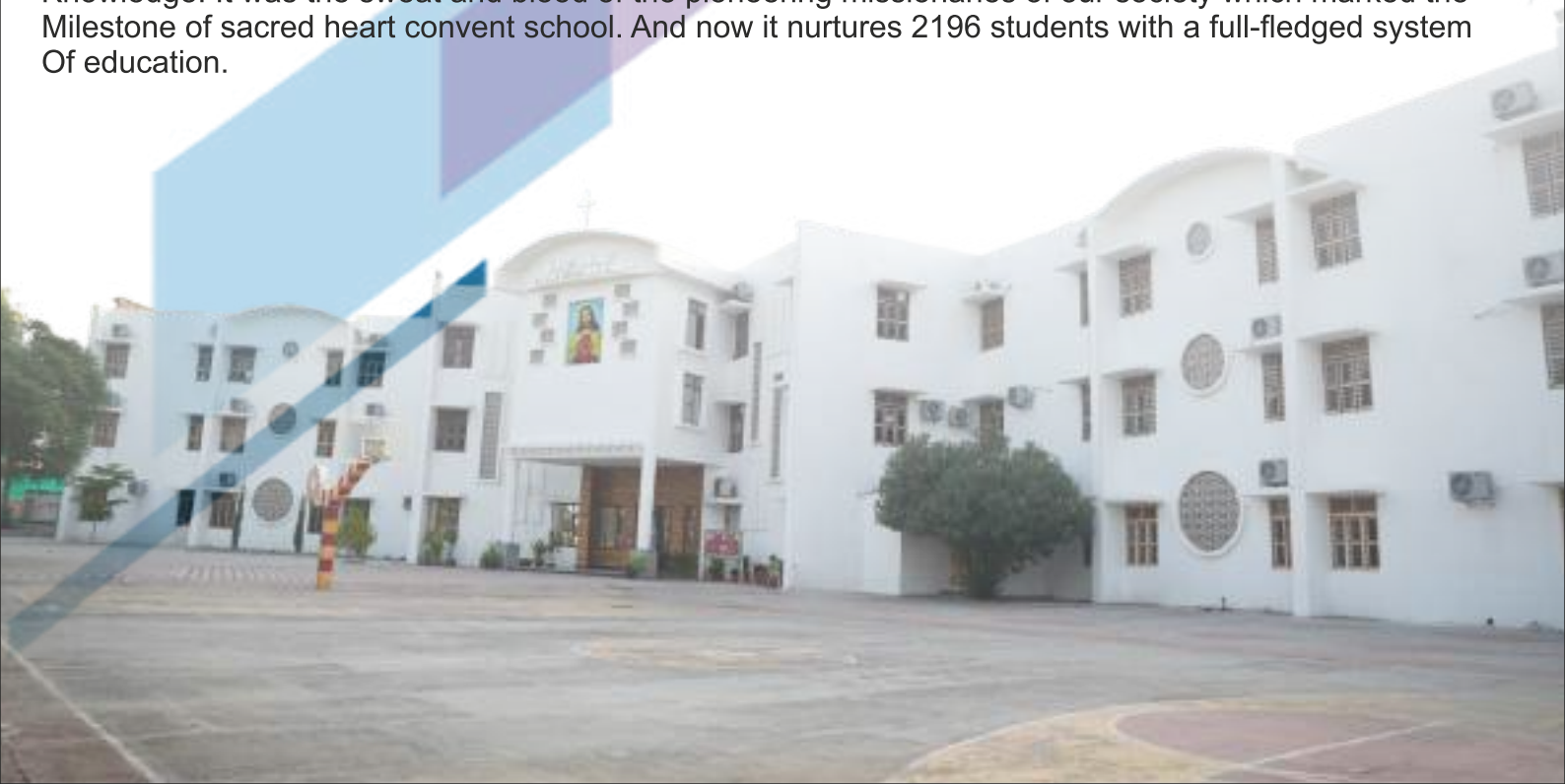
ABOUT US

Sacred Heart Convent School is a venture from 1995 on the focus of imparting knowledge to the students and thus forming a nation as such. It produced the creamy layer of society in and around Jalalabad west. An educational institution is known by the faculties it appoints. An able faculty plays a decisive role in a child's education and works like a guiding force. We, at Sacred Heart Family, take utmost care in appointing teachers and choose the best of talents available across the country. The faculties at Sacred Heart are not just academically qualified but also well-versed in working as the life coach of students empowering them with essential character building attributes. Special training programmes are organized to update their skills so that they can keep pace with rapidly changing needs of the contemporary educational system.

We ensure pro-active involvement of our teachers in all the school activities like House Wardens, Class Reps, the Environment Council, Editorial Board, Cultural Department or Sports, to name a few. At Sacred Heart, we are committed to provide excellent student teacher ratios to maximize student potential with a firm belief that an educational institution is as good as its faculty.

HISTORY OF SHCS

Sacred heart convent school had its beginning in 1994 on the mission of imparting knowledge to the Students and thus forming a nation as such. It produced the creamy layer of society in and around Jalalabad west. The location chosen for the sacred heart convent school transformed the face of jalalabad. By creating adequate opportunities for the people to undoubtedly sent their budding flowers to the world of Knowledge. It was the sweat and blood of the pioneering missionaries of our society which marked the Milestone of sacred heart convent school. And now it nurtures 2196 students with a full-fledged system Of education.



INFRASTRUCTURE HIGHLIGHTS



The school library is a hub of knowledge and imagination, offering a wide range of books, reference materials, and resources that encourage reading, research, and lifelong learning among students...

The science laboratory provides students with hands-on learning experiences, helping them explore scientific concepts through experiments, observation, and practical application in a safe and well-equipped environment.



The classrooms are bright, well-ventilated and student-friendly spaces designed to promote active learning, creativity, discipline, and effective interaction between teachers and students.



The Language Lab improves communication skills, pronunciation, and confidence through interactive learning.



The playground promotes physical fitness, teamwork, discipline, and sportsmanship through active play and sports activities.



The Computer Lab provides hands-on digital learning, helping students develop computer skills, creativity, and technological confidence.



The basketball court encourages teamwork, fitness, discipline, and sportsmanship through active play.



Yoga promotes physical fitness, mental peace, flexibility, and overall well-being among students.



Kabaddi builds strength, agility, teamwork, and sportsmanship while promoting traditional Indian sports values.

Badminton enhances agility, coordination, fitness, and concentration through fast-paced play.



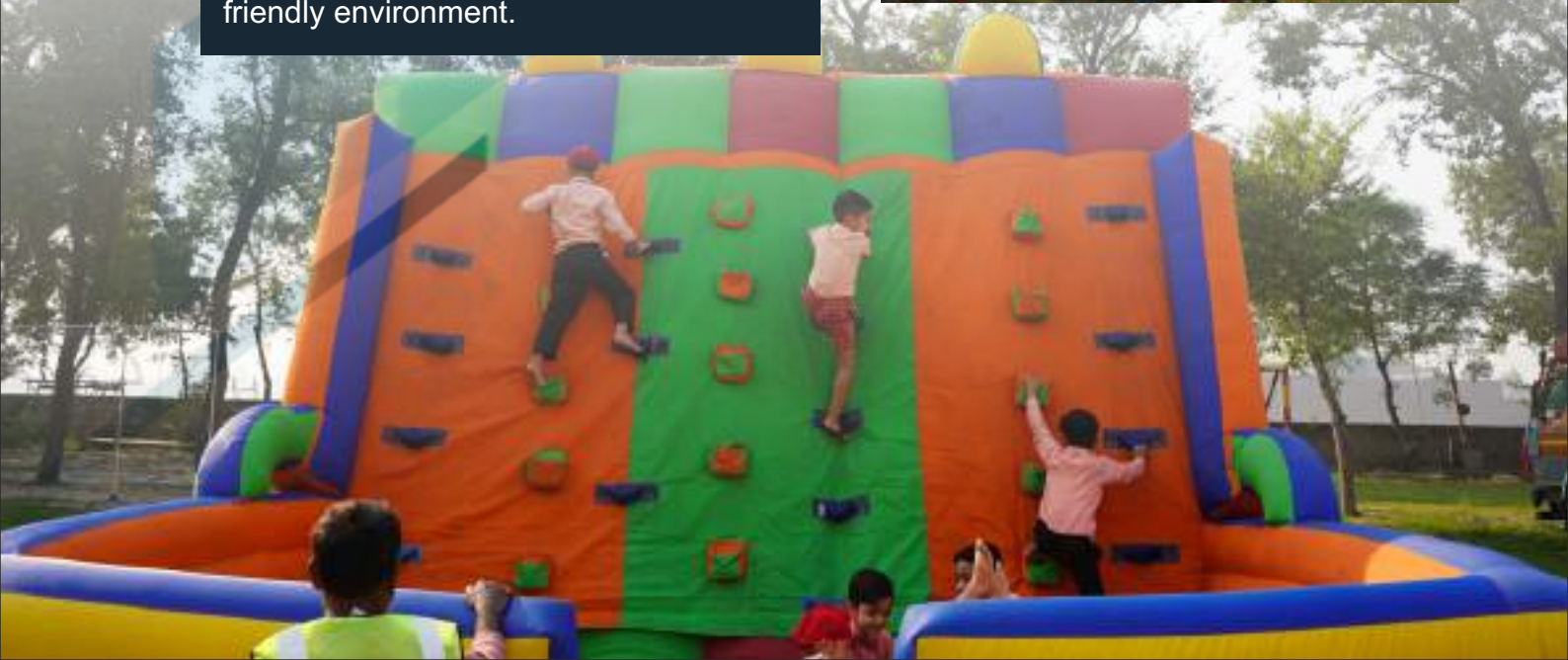
Our school band brings energy and pride to every school function with its disciplined and melodious performances.



HOME PICNIC



As part of our school activities, we organize a home picnic for the KG section to provide joyful learning through fun, play, and togetherness in a safe and friendly environment.



HOME PICNIC



he little ones participated with great enthusiasm and joy. The day was filled with laughter, fun games, sharing, and cheerful moments, making it a memorable experience where the students enjoyed a lot.





FACULTY



Learning is a continuous and joyful process. It helps children gain knowledge, skills, and good habits. Through activities like playing, reading, singing, and drawing, students understand new ideas easily. Learning builds confidence, improves thinking, and prepares children for a bright future. A positive learning environment makes students curious, happy, and eager to learn every day.



GO GREEN



Planting more trees helps keep our environment clean and healthy. Trees reduce pollution and protect wildlife



OLYMPIAD



Our students performed excellently in the Olympiad Exam and brought pride to the school. Their hard work, dedication, and strong learning skills helped them achieve great success. This achievement encourages other students to work hard and aim high in academics.



SKATING



SPORTS DAY 2025





Our school organized Sports Day with great enthusiasm and energy. Students participated actively in various games and races. The event promoted teamwork, discipline, and a healthy spirit among students. Sports Day was a joyful and memorable occasion for everyone.





ART

GALLERY



Pihuka
U.K.G. Green
31



Pihuka
U.K.G Green

31







By Nimish Bajaj
U.K.K. & White



Pihu
U. K. G. Green
31



Aaditi
Class - 1 K-4
Queen



vamika
uky Blue



JASMIN
UKG RED



Made
by :-
Harshita
Harshita...

25 December

Merry Christmas....





MANREET 8TH VIOLET

"Children
see magic
because they
look for it."

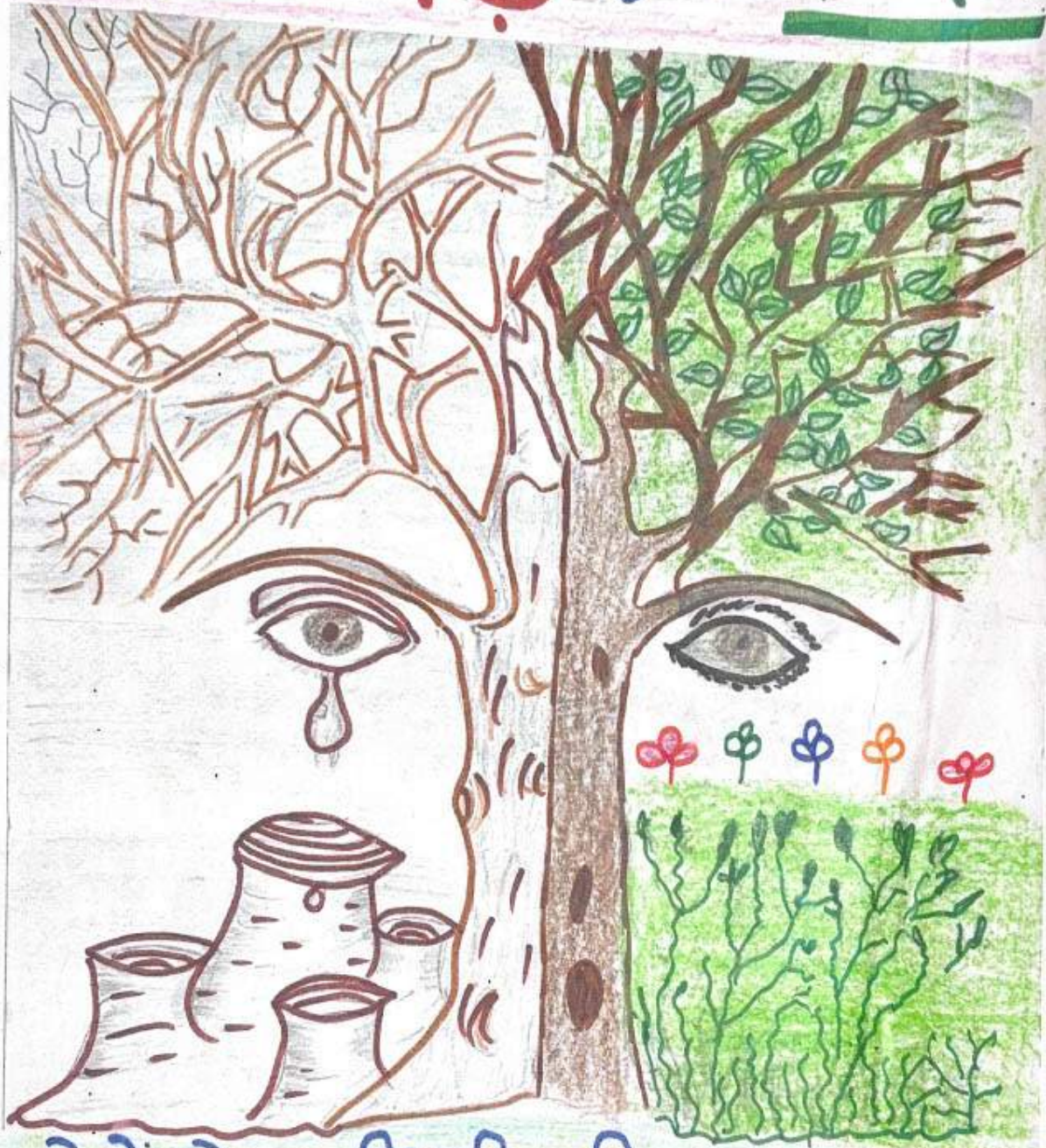
- Christopher Moore





ROBINPREET 7TH RED

एक पेड़ एक जिन्दगी



पेड़ों से आती हरियाली,
जंगल अब हो रहे देखो खाली

Aditya
Thakkar
9th White

MENTORS WITH A MISSION

The word discipline comes from the Latin word “disciplina,” meaning instruction or training. For students, discipline means:

- Being punctual and regular in school.
- Completing homework and assignments on time.
- Following classroom rules.
- Respecting teachers, peers, and school property.
- Managing time effectively.

Importance of Discipline

1.Improves Academic Performance

A disciplined student pays attention in class, completes work sincerely, and revises regularly. This leads to better understanding and higher grades.

2.Builds Strong Character

Discipline teaches patience, responsibility, honesty, and self-control—qualities necessary for becoming a good human being.

3.Enhances Time Management

Students with discipline learn to prioritize tasks and use their time sensibly, reducing stress during exams or busy schedules.

4.Develops Good Habits

Discipline promotes habits like reading, exercising, and maintaining cleanliness, which contribute to a healthy lifestyle.

5.Promotes Respect and Harmony

When students follow rules and behave respectfully, the school environment becomes peaceful and productive.

Ways to Develop Discipline in Students:

- Setting daily routines for study, play, and rest.
 - Avoiding distractions like excessive use of mobile phones or social media.
 - Participating in physical activities to build mental and physical discipline.
 - Self-monitoring through planners, calendars, or to-do lists.
 - Seeking guidance from teachers and parents when facing difficulties.
 - Practising self-control in speech, behaviour, and emotions.
- Role of Teachers and Parents Teachers and parents play a major role in shaping discipline. They must:
- Lead by example.
 - Encourage healthy habits and positive behaviour.
 - Set clear expectations and rules.
 - Reward good behaviour and gently correct mistakes.
 - Provide emotional support and motivation.

Conclusion

Discipline is not about strict punishment; it is about self-control, commitment, and a positive attitude. A disciplined student is prepared to face challenges and achieve goals with confidence. Therefore, discipline should be seen as a path to personal growth and lifelong success.

Neelam Bajaj

MENTORS WITH A MISSION

To all the Parents who ask why spending on Extra sports classes or activities is important for their Child.
I ANSWER YOU...

Do you know what your Parents Pay for? You pay for your kids to learn how to be disciplined. You pay for your kids to learn to take care of their body and mind. You pay for your kids to learn to work with others and be a good teammate. You pay for your kids to learn how to deal with disappointment when they don't get what they expected, but they know they have to work harder.

You pay for your kids to learn to reach his goals.

You pay for your kids to understand that it takes hours and hours of hard work and training to get a championship and that success doesn't happen overnight.

You pay for your kids for the opportunity, your kids will have to make lifelong friendships.

You pay for your kids to be on the field and not in front of the television.

You pay for your kids for those times when your kids get so tired they just want to lay down and don't think or has time to be lazy or in bad things.

You pay for all the teachings that any beautiful sport gives you: "responsibility, humility, dedication, friendship, coexistence, etc." I could go on, but to make it short; You don't pay for the internship.

You pay for the opportunities sports or any other extra-curricular activity offers your kids to develop attributes and skills that will be very useful throughout their life and give them the opportunity to value life.

FOR WHAT I'VE SEEN TILL TODAY...I THINK IT IS MY BEST INVESTMENT.

Neelam Bajaj

**"Believe in yourself, you are strong and bright,
Chase your dreams and make them take flight,
Every step you take, you are on the way,
To achieving greatness, come what may,
Don't fear mistake, they are part of the game,
Learn from them, and you'll earn your fame"**

— Raj Lakshmi

BELIEVE IN YOUR OWN BEGINNING

Every great achievement in the world started with a small step, and that step was taken by someone who dared to believe in themselves. Success does not come from being perfect; it comes from trying again when things get difficult. Each day is a new chance to learn, grow and improve. Even small efforts, when done consistently, create big changes over time.

Do not compare your journey with others. Everyone learns at their own pace and shines in their own way. What truly matters is your determination to keep moving forward. When you fall, stand up with more courage. When you doubt yourself, remember how far you have already come.

Believe that you are capable. Talented and strong. Your dreams are waiting for your effort, your focus and your confidence. Start today, stay positive, and keep going — the future belongs to those who never give up.

Rinckel

FROM WEAKNESS TO CONFIDENCE: HOW TEACHERS SHAPE SLOW LEARNERS

Every child learns at a different pace, and slow learners are no exception. They may take more time to understand concepts, but with the right support, they can achieve remarkable growth. A teacher plays a vital role in this transformation. By showing patience, using simple teaching methods, and giving individual attention, teachers help weak students feel safe, valued, and understood.

Encouragement is the strongest tool. When a teacher appreciates even small efforts, the student gains confidence. Regular practice, clear explanations, and real-life examples help them build strong foundations. A positive classroom environment also motivates them to participate without fear of failure.

A teacher's true success is not measured by how many toppers they create, but by how many struggling students they lift. With dedication and empathy, teachers convert weakness into confidence and help slow learners discover their hidden potential.

Reema

NATURE A Great Teacher

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Reema

Nature is like a mother. It is essential for us because it provides all the basic needs of life. Nature is also a great teacher. We can learn many lessons from her.

The flower only blooms for a day, yet it keeps smiling till the end. This is a lesson for us: we should live our life to the fullest, no matter how short it may be.

Water is soft, but it flows over hard rocks; the rocks give in. In the same way, our problems may be difficult, but if we persist, they give in.

The tiny ants organise themselves and carry away heavy objects. They teach us that we can do impossible tasks through teamwork.

Similarly, the bare tree in winter comes back to its green majesty once again in spring. We can learn from this that difficult times will never remain with us forever.

Thus, nature is the greatest gift of God to mankind. Every object of nature teaches us something about life.

By – Pooja Sethia

VALUE OF
CHARACTER

NURTURING MINDS, SHAPING FUTURES

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THE BEAUTY OF LANGUAGE

Language is the soul of a culture, a reflection of its history, and a window to its people's thoughts and emotions. It is a powerful tool that connects us, inspires us, and shapes our understanding of the world.

The beauty of language lies in its ability to evoke emotions, paint vivid pictures, and convey complex ideas. It is a delicate dance of words, rhythms, and cadences that can soothe, motivate, or challenge us.

From the poetic verses of Tagore to the lyrical prose of Shakespeare, language has the power to transcend borders and touch hearts. It is a treasure trove of expressions, idioms, and phrases that add flavor and depth to our communication.

As we explore the beauty of language, we discover its nuances, complexities, and versatility. We learn to appreciate its rhythms, cadences, and melodies, and to harness its power to express ourselves, connect with others, and create something meaningful.

Let us cherish and celebrate the beauty of language, and use it to inspire, educate, and uplift one another. "Words have a different power and different effects upon the soul according to the position in which they are placed."- Plato

Mrs. Ravinder Kaur

MAKE YOUR SMILE CHEAPER AND ANGER EXPENSIVE

STAY AWAY FROM ANGER

IT HURTS ONLY YOU.

If you are right then there is no need to get angry. And if you are wrong then you don't have any right to get angry.

Patience with family is love,
Patience with others is respect,
Patience with self is confidence and
patience with God is faith.

In ignorance, anger is cheap and smile is costly. In knowledge, smile is free and anger is expensive.

Every test in our life make us bitter or better. Every problem comes to make us or break us.
The choice is ours whether we become victims or victorious.

Happiness keeps you sweet,
Trials keep you strong,
Sorrows keep you human,
Failures keep you humble,
Success keeps you glowing.

Have faith in God and
keep smiling always...

-Sonia Puthi

**IT TAKES A BIG HEART
TO SHAPE LITTLE MIND**

I am Geeta Bindra, grateful to write about S.H.C.S. Being a Kindergarten teacher has taught me the true meaning of patience and Joy. I am Greeted with smiles, hugs and endless stories from students some days are challenging, but I have learnt that love and calm guidance to a long way. Teaching Kindergarten isn't just about letters and numbers, it's about building confidence, Kindness and a love for learning. I experienced here, teaching is a chance to work with little minds.

**Warm Regards
Mrs. Geeta Bindra.**

POSITIVE THINKING AND PEACE

“Peace begins with a smile, and positive thinking is the key to unlocking it.

”Positive thinking and peace are two powerful forces that can transform our lives in profound ways. When we cultivate a positive mindset, we open ourselves up to a world of possibilities and opportunities. We begin to see challenges as chances for growth, and obstacles as stepping stones to success.

Peace, on the other hand, is a state of inner calm and tranquility. It is a sense of being at peace with ourselves, others, and the world around us. When we experience peace, we feel grounded, centred, and connected to everything.

One of the most powerful things about positive thinking and peace is that they are choices. We can choose to focus on the good, and we can choose to let go of negativity. We can choose to see the beauty in every moment, and the blessings in every challenge.

When we cultivate positive thinking and peace, we experience a range of benefits. We become more resilient, more confident, and more compassionate. We build stronger relationships, and we become more effective in our work and personal lives.

So, how can we cultivate positive thinking and peace in our lives? Here are a few strategies that can help:

- * Practice gratitude: Take time each day to reflect on the things you’re thankful for.
- * Focus on the present: Let go of worries about the past or future, and focus on the present moment.
- * Use positive language: Use positive words and phrases to describe your experiences and emotions.
- * Connect with nature: Spend time in nature, and connect with the world around you.

In conclusion, positive thinking and peace are powerful forces that can transform our lives. As we radiate positivity and peace, we become beacons of light in a world that often needs it most. Our transformed minds and hearts create a ripple effect, touching lives and inspiring others to do the same.

“Smile, breathe, and let peace begin with you.”

-Mrs. Shruti

SOCIAL MEDIA A BLESSING AND A CURSE.

Social media has become an important part of modern communication and has changed the way of people connect with each other.

- Students can learn many new things through educational videos.
- It keeps us connected with friends and family even if they live far away.
- News and updates reach us within seconds from anywhere in the world.
- It also helps many small businesses to advertise their products.

But

- Spending too much time online affects study and health.
- Cyberbullying and fake news are major problems on these platforms.
- It can also create stress when people compare their lives with others.

Conclusion

“social media is useful only when used responsibly. we should spend time wisely and focus on learning and positivity.”

-Ms. Pooja Bajaj.

additive GROWTH

A day, a week, a year or a decade,
Is something you wonder when you upgrade.
You count, you add, subtract or minus,
It's all that strengthens life my highness.
Nature setups itself with dedication,
So does BODMAS operate operations.
LCM, HCF paved the beautiful ways,
The foundation of multiples upon it lays.
Humans entered the startups race,
Where PROFIT AND LOSS shined with pace.
Moon was only 384,400 km's far,
So we reached atmost with 25,000 miles/hour.
Since miracles happens all over the globe,
Therefore 72911927 represents a palindrome.
Mathematicians creates algorithms with pride,
To lesser the gaps between the skies.
Trigonometry, geometry or it be alzebra,
Each one is simple as stripes of zebra.
You follow the patterns around everyday,
For MATHEMATICS is the quintessence as one say.
Discoveries and inventions catches the heights,
When equations chases the reckoning minds.
For all these occur with additive growth,
Because hypothesis even troubles the loth.

Renu bala

This school is not just a place,
a building of bricks and mortar.
This school is not just a place,
where children learn to read and write.
It's the Sacred heart of the community

Where

ALL religions, all scriptures, all spiritual teachings
point only to one truth - the Unity of Divinity
All connected people may be different in form and name and colour and their circumstances may vary.
But, God has no such differences
GOD is One.

Here

There is only one caste, the caste of humanity.
Humanity should be our race.
Love for humanity is the mother of every love; no other love can prevail over it.

Here

There is only one religion, the religion of Love.
Love is presented not just as a feeling but as a universal law of nature, visible in family ties and all human interactions. And love is Unconditional love: Love that is given without expecting anything in return is considered the highest form, leading to selflessness and spiritual liberation.

Here

There is only one language, the language of the heart.
Heart's language" emphasizes emotional and spiritual connection rather than mere linguistic origin.
Bible translation in the world's heart languages is a powerful evangelism tool that speaks directly to people's souls – it's personal and transformative.

Here

There is only one law, the law of Karma.
Laws of Karma offer a path to self-realization and harmony. These principles, rooted in cause and effect, emphasize balance, action and reaction, transformation, detachment, self-awareness, compassionate destruction and universal oneness. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.
Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

AND

Here

There is only one
GOD,
HE is omnipresent.
Stay blessed

Mrs. Aarti Arora

THE POWER OF SMALL ACTIONS

In a world full of big dreams and big achievements, we often forget the power of small actions. We think that only great inventions or huge victories can change the world. But the truth is simple: every big change begins with something small.

A tiny seed grows into a giant tree. A single drop of water can start a mighty river. And one small act of kindness can brighten someone's entire day. These little actions may seem ordinary, but they create extraordinary results when done consistently.

Every time you help a friend in need, listen to someone's problem, save a bit of water, or keep your surroundings clean — you are making a difference. You are shaping the world in a positive way, even if you don't realize it.

Small actions also help us grow. Waking up early, studying a little every day, practicing a hobby, or exercising for even five minutes can improve our life more than we imagine. These habits slowly build discipline, confidence, and a strong character.

In a busy world, we search for inspiration everywhere. But maybe the biggest inspiration lies in the tiny steps we take daily. So, let us remember that we don't need to be superheroes to make an impact. We just need to be consistent and thoughtful.

Another magical thing about small actions is that they inspire others. When someone sees you being honest, kind, or hardworking, they may feel motivated to do the same. In this way, one person can start a chain reaction of positivity. History is full of stories where small acts of courage changed the future. A gentle word, a brave step, a thoughtful idea — these things have transformed lives and shaped societies.

In a world that often celebrates big achievements, it is important for us to remember that greatness is built patiently. We do not need to wait for the perfect time or a big opportunity. We simply need to begin with what we have, where we are, and take one small step.

So, let us promise ourselves today: to value small actions, to practice small habits, and to believe in small beginnings. Because when small actions are done with dedication and kindness, they lead to big differences. And that is the true magic every one of us carries within.

Simarjot Class: 9th Rose

COMEDY SHOTS

1. Teacher:

Why didn't your Homework come today?

Student: Because it lives far away, sir.



2. Teacher: What is the chemical formula of water?

Student: H I J K L M N O

Teacher: What???

Student: You said it's H too?

3. Mom: What did you learn at school today?

Child: Clearly not enough... they want me to come back Tomorrow!

4. Teacher: Why are you talking during my lecture?

Student: Sir, why are you lecturing during my conversation?

-Aditi Class: 9th Green

1. Riddle: "What has many needles, but doesn't sew?"

Answer: A Christmas tree.

2. Riddle: "It belongs to you, but other people use it more than you. What is it?"

Answer: Your name.

3. Riddle: "Where does today come before yesterday?"

Answer: Dictionary.

4. Riddle: "What has many keys but can't open a single lock?"

Answer: A piano.

5. Riddle: "What can you break, even if you never pick it up or touch it?"

Answer: A promise.

- Sehajpreet Class: 8

MY SCHOOL

My school is not just a building with classrooms and teachers. It is a place where I learn, grow and prepare for life. Every day I step onto the campus, I feel a mix of excitement, curiosity, and happiness. Knowledge meets creativity and discipline blends with fun. My school has bright classrooms, a large playground, a library full of books, and well-equipped science and computer labs. These facilities make learning not just easy, but also interesting and practical. The teachers in my school are the backbone of learning. Every subject is explained in a way easy and clear.

By Name : Anvi Class : 3rd Rose

MY TEACHER

My class teacher is a shining source of knowledge and inspiration. She teaches us not only lessons from books but also lessons of life kindness, discipline, and courage. Her gentle guidance and caring nature create a warm learning environment. She motivates us to explore our talents and corrects us patiently. I am grateful to have a teacher who helps us grow into better human beings. May she live long!

Name : Diksha Class : 3rd Violet



POETRY

ਤਸਵੀਰ



ਚੜ੍ਹਦੀ ਸਵੇਰ ਭਾਅ ਗਈ ਮੇਰੇ ਮਨ ਨੂੰ
ਗਤ ਘਾਲਿਆ ਸੀ ਸੁਨੇਹਾ ਸੂਹੇ ਚੰਨ ਨੂੰ
ਤਰੇਲ ਤੁਪਕੇ ਬਣਾ ਰਹੇ ਸੋਹਣੇ ਘਾਹ ਦੇ ਤਲ ਨੂੰ
ਦਿਲ ਕਰਦਾ ਬਣਾ ਦਾ ਤਸਵੀਰ ਇਹਦੀ ਕਲ ਨੂੰ
ਉਕਰਾਂ ਫੁੱਲ ਘੱਤੀ ਜਾਂ ਇਕ ਮਿੱਟੀ ਦੇ ਕਣ ਨੂੰ
ਸੂਰਜ ਦੀ ਵੀ ਛਾਂ ਹੁੰਦੀ ਏ? ਸੋਚਾਂ ਉਸ ਗੱਲ ਨੂੰ
ਫਿਰ ਭਰ ਲਿਆਇਆ ਘੱਤੇ 'ਚ ਚਸਮੇ ਦੇ ਜਲ ਨੂੰ
ਰੰਗ ਦਿੱਤਾ ਚਿੱਤਕਾਰ ਨੇ ਬਿਰੰਗੇ ਸੋਹਣੇ ਧਲ ਨੂੰ
ਉਡੀਕ ਰਿਹਾ ਹੈ ਉਠਸੁਕਤਾ ਨਾਲ ਕੈਨਵਸ ਉਸ ਛਣ ਨੂੰ
ਕਿ ਅੱਜ ਨਾਨਕ, ਰਾਮ, ਰਹੀਮ ਉਕਰੇਂਗਾ ਚਿੱਤਰਕਾਰ?
ਜਾਂ ਫਿਰ ਅਖਣੇ ਮਨ ਨੂੰ

ਗੁਰਮੇਵਰ



A SMILE

*A Smile is quiet a funny thing,
It wrinkles up your face.*

*And when it's gone
you'll never find
Its secret hiding place.*

*But far more wonderful it is
To see what smiles can do.*

*you smile at one,
He smiles at you,
And so one smile
makes two.*

- Sahaj Mutneja 6th Green

THE BRAVE LITTLE SPARK

In a world of stars that shine so bright,
There lived a spark, small but full of light
Others laughed, "You're far too weak,
"But the spark stayed gentle, kind and meek.

One silent night, the sky turned black,
Every big star faded, never came back.
But the tiny spark rose through the dark -
Glowing stronger than any star.

It lit the sky, it warmed the cold,
A fearless spark with a heart of gold.
And the world learned this truth, so clear -
You don't need to be big to shine everywhere.

Name: Aditi Class: 9th Green

SCHOOL

*Halls of learning, hearts so bright,
Echoes of laughter, day and night.
Friends gather round, stories shared,
Dreams are born, and futures are spared.*

*Teachers guide with wisdom's hand,
Helping us grow, in this learning land.
Books are opened, minds are fed,
Curiosity sparked, and knowledge spread.*

*Oh, the school, a place so dear,
Where knowledge blooms, and hearts are clear.
A place to grow, to learn, to play,
School days magic, every single day.*

Name: Samyam Bajaj Class: 8th White

ACT OF HEALING

I laugh the loudest in the crowd,
The ones who feel the storm most proud
I heal the wounds I never show,
and bleed in ways you'll never know
I'm always there when others fall,
but no one answers when I call.

My phones go quite when I cry.
Just typing "Fine" with tear-stained eyes.

My dreams are big; my heart much more,
but life keeps locking every door.
I give my best, receive the least,
the smile like pain has been released.

Name: Rehmat Sandhu Class: 8th Ross

MY SCHOOL

*In these halls I walk each day,
learning life in my own way.*

*Books and friends by my side,
Dreams growing with every stride.*

*Teachers guide, their words so kind,
Shaping heart and shaping mind.*

*They lift me up when days feel slow,
and help my hidden talents glow.*

*The playground laughs, the classrooms cheer,
Each memory stays warm and clear.*

*Every lesson, big or small,
Adds courage to my rise, my fall.*

*Oh School, you are my guiding light,
my morning hope, my future bright.*

For here I learned to smile and see

The best, true version of me.

Name: Japleen Kaur Class: 10 Violet

It is always good to talk
about the worries in our head
or the fears we feel at night
of monsters hiding under beds.

talking is the light that shines
through the foggy night
bringing comfort to our minds
seeing everything alrigh
tand sometimes words are trick
ywhen the feelings aren't so clear
but just begin, your words will win
and find somebody's ear.

Start with saying I feel
or do you ever wonder?
and watch them go, the words will flow
like rain that follows thunder.

Keeping them in inside
I think would be a flop
they'll fizz like bubbles in a drink
one big shake and they will pop!

ByName : Harsirat Kaur Class 9th Rose

Exam Days

Mom And Dad say, plz now grow...
It's your exam don't become low...

The day has come now I will show...
Shit!! My place is 1st in the row...

All say bad luck I say no...
Ups & downs come only to glow...

Brain says no more stress...
Mind still replied do your best...

These are the days we all have to face...
That is why they are called asexam days...

Name: Nishtha Class: 8th Green

EDITORIAL BOARD



A magazine is more than a collection of pages—it reflects thought, creativity, and collective effort. This edition celebrates inspiring voices, meaningful stories, and ideas that encourage growth and reflection.

Inside, you will find talent shaped by learning, discipline, and compassion. Created through the sincere teamwork of students, mentors, and editors, this magazine aims not only to inform but to inspire thoughtful minds and responsible hearts.

We thank all who contributed to making this publication possible.

May it leave a lasting impression on every reader.



SACRED HEART
CONVENT SCHOOL JALALABAD

